

# 干货Tips

阳光大好宜出航，  
但别忘了做准备

**Tips** A Sunny Day is Suitable for Sailing,  
but Don't Forget to Prepare for it

文 / 歌诗达邮轮 图 / 全景





当阳光和温度一天天强势起来，  
轻暑单衣的 6 月可以说是最好的出航季啦！  
这时候的碧海蓝天少了一分喧嚣燥热，多了一分宁静纯粹。  
阳光虽好，但也有可能变成无形的武器，晒伤您的皮肤！  
不要担心，小编准备了干货 Tips，  
有了这些既有颜值又有实力的神器  
就可以迎着阳光和大海出发啦！

## 太阳镜上脸，气场开挂



不是危言耸听，  
当眼睛充分暴露在紫外线下，有可能导致白内障、并灼伤眼睛。

选择一副 UV 防护数高的太阳镜很重要！  
它还可以修饰脸型，提升品位，  
没什么太阳镜解决不了，  
只要太阳镜上脸，气场简直强大好几倍！

## 您与潮人之间，只差一顶“渔夫帽”



出海必备一顶遮阳帽，不仅挡光，还是发型拯救器！  
但是草帽、沙滩帽、鸭舌帽都已经 OUT 啦，  
2018 潮人必备“渔夫帽”！  
大帽檐遮阳利器，时尚百搭，与蓝天大海自成一景！

## 防晒力 MAX，必备防晒衣



防晒真的很重要，  
您说您已经准备了防晒霜？  
这远远不够！  
海上紫外线的强度可不是开玩笑的，  
您应该入手一件美美哒的防晒衣啦！  
防晒指数 UPF 必须大于 40，才能让您在阳光下畅行无阻！  
(特别提示：只有正规防晒面料制成的服装才会在标牌上  
标有明确的防晒参数)

当然，歌诗达邮轮已为您 360 度考虑周全！  
船医和护理人员会一直在您身边！  
还不带上最爱的家人和防晒神器，  
共度海上好时光！

As the sun and temperature rise day by day,  
The month of June can be said to be the best sailing season!  
At this time, the blue sea and the azure sky is so pure and quiet without hot weather or noise.  
The sun is nice, but it may also become an invisible weapon to burn your skin!  
Don't worry, here are Tips for you,  
With these artifacts of both beauty and strength  
You can set off to the sea in the sunshine!

## Wearing sunglasses, you look so cool

It's not alarmist,  
When eyes are fully exposed to ultraviolet rays, you may suffer from cataracts and burn your eyes.

It is important to choose a pair of highly efficient UV protection sunglasses!

It also adorns the face and improves your taste,  
There's nothing that can't be solved by sunglasses,  
As long as you wear sunglasses, you will look very cool!

**You will be a trendsetter if you wear a gleaming  
"fisherman's hat" -**

When you go to the sea, you must wear a sunhat to shield off the light and protect your hairstyle!

But the straw hat, the beach hat, the cap are all out of fashion,

A trendsetter must wear a "fisherman's hat" in 2018!

The big brim is efficient to shade the sun and fashion style all-match goes along with the blue sky and the sea to make another scene!

**Sunscreen MAX, the Necessary Sunscreen Clothing**

Sunscreen is really important,

You said you had sunscreen?

That's not enough!

The intensity of the ultraviolet rays at sea is terrible,

You should buy a beautiful sunscreen!

Sunscreen Index UPF must be greater than 40 to protect you from burning in the sunshine!

(**Note:** Only clothing made of regular sunscreen fabric will be marked with definite sunscreen parameters on the label)

Of course, Costa Cruise has considered all that for you!

Ship doctors and paramedics will always be available there for you!

Why not bring your family and sunscreen,

To have a wonderful time on the sea!

